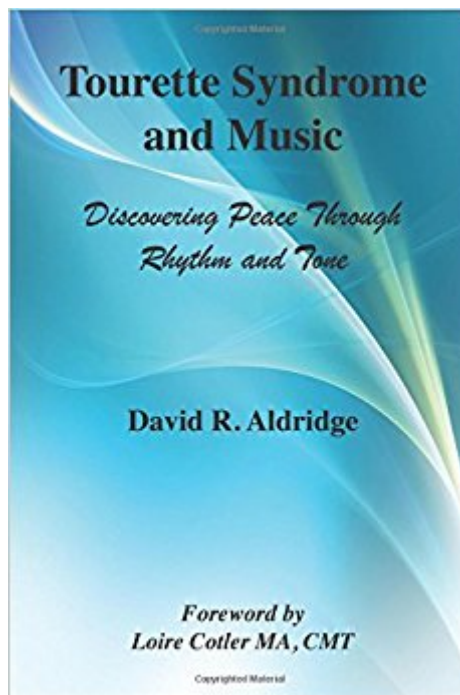




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Tourette Syndrome And Music: Discovering Peace Through Rhythm And Tone



Synopsis

Tourette Syndrome and Music: Discovering Peace Through Rhythm and Tone, is David R. Aldridge's personal account of a life lived with Tourette's, balanced out by playing drums, guitar, bass, and keyboards since childhood. David has explored and presented his primary message of music as therapy for Tourette's by holding drum circle/drum set demonstrations both in the U.S. and the U.K. As an FAA Certificated Airplane Flight Instructor, David has also shown people with Tourette's that there are few limits to living your life. As a professional musician, and former freelance music magazine writer, David's artistic pursuits helped him adapt to the challenges of Tourette's and eventually turn a disability into a very powerful and creative ability, which is the most important message of all.

Book Information

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